

LONGEVITY MEMBERSHIP PROGRAM

Helping you look, feel, and live younger through science-driven longevity care.





LONGEVITY MEMBERSHIP

Program Description - What's New?

Redefining the Future of Aging — Through Science, Insight, and Personalized Care.

At ReGenesis Longevity Clinic, we take a proactive approach to your health. Our comprehensive annual longevity program integrates advanced diagnostics, cutting-edge longevity science, and individualized medical guidance to help you look, feel, and perform at your best.

We don't just treat illness — we measure, monitor, and optimize your health for a longer, stronger, and more vibrant life.

Eligibility

- New clients may be enrolled in the program if they meet the requirements.
- Existing clients who are on a current BHRT or TRT program may upgrade their membership program.

Payments and Requirements

- Initial payment due following your consultation and decision to move forward with the program.
- Monthly payments will be debited automatically on the 15th of the month from the credit card on file.
- All Longevity clients are required to have an active credit card on file.
 - Clients without a credit card on file will be required to pay the Full Yearly Amount of the program upfront at their next appointment.
- Missed payments are subject to an NSF fee, and may result in removal from the program.

Annual Membership Fee - \$9900

- Longevity Program Initiation Fee is \$ 7200
 - Initial Annual (ONE TIME) Payment of \$7200 which is due following your initial consultation and each subsequent annual anniversary date. This annual fee includes:
 - Program Enrollment or Enrollment Renewal
 - Initial or Annual Renewal Consultations
 - Advanced Longevity Bloodwork (completed 4 times annually)
 - Epigenetic Testing (TruAge & TruHealth) (completed once annually)
 - EpiGenomics Testing (EpiSeek) (completed once annually)
 - Full-Body MRI Scan (completed once annually)
 - Analysis of your results
 - Follow up review of the results
 - Development of your customized treatment plan
 - First three months of care following Initial or Annual Renewal Consultations
 - Dexa Scan (\$60 paid Directly to the Lab) (required once, recommended quarterly when on GLP-1)
- Nine Monthly Payments is \$300 (total annual balance collected is \$2700)
 - Nine (9) equal Monthly Payments of \$300 will commence in month 4 and fees will be debited on the 15th of each month.

Other Fees and Charges

- NSF fee is \$50.
- Prescription Renewal without bloodwork completed is \$50.
- 24 hour notification is required for appointment cancellation \$50 fee for missing appointments without 24 hour notice.



ADDITIONAL TESTS AND COSTS

Based on your results, your care plan may include advanced protocol site specific MRI screening, coronary calcium scan, or VO_2 max test, to give a deeper look at your health.

These tests are not included in the annual membership fee of \$9900.

Treatment options may involve bioidentical hormone replacement (BHRT), GLP-1 therapy for weight and metabolic health, targeted medications, or nutraceuticals to support energy, balance, and longevity.

Additional Diagnostic Testing and Costs

- Additional MRI Scans (Lung, prostrate, etc) Prices From \$1,400.00
- Coronary Calcium Scan \$ 500.00
- VO₂ Max Test \$ 200.00
- TruAge/TruHealth Repeat Testing \$1500
- Episeek Repeat Testing \$1500

Additional Treatments and Costs

• Nutraceuticals Prices from \$22

Not Included - Out of Pocket - Service Fees Paid to Other Providers

- Prescription Costs
- Additional Professional Services (Personal Trainer, Dietitian, etc.)
- Wearable devices (Fitbit, Apple Watch, Garmin, Oura Ring)
- Hume Health Body Pod Advanced Smart Scale

COMPLIMENTARY SERVICES

- BHRT or TRT Annual Program
- GLP-1 Annual Program
- Nutrition Planning
- Fitness Education
- Access to the ReGenesis Longevity App

"Joining the ReGenesis Longevity Program has completely changed how I look at my health. The advanced testing gave me clarity, and the personalized plan helped me take real control of my energy, focus, and long-term wellness. This isn't just another health program — it's a complete roadmap to living younger, longer."

~ Michael W. Edmonton, AB





LONGEVITY PROGRAM

FREQUENTLY ASKED QUESTIONS

1. What can I expect when I arrive for my initial Longevity consultation?

Your first visit marks the beginning of your personalized longevity journey. Upon arrival, you'll be welcomed by our clinical team and guided through a detailed review of your health history, lifestyle, and goals. We'll discuss the purpose of each diagnostic test — including your advanced bloodwork, epigenetic testing, and imaging — and explain how these results will be used to build your individualized care plan. Your ReGenesis longevity clinician will complete a medical history and review any pre-existing medical information. This consultation sets the foundation for your personalized roadmap, designed to optimize your healthspan and address key longevity biomarkers.

Most appointments take 60-90 minutes, and you'll leave with a clear understanding of your next steps, timelines for testing, and when to expect your initial results review.

2. Are the prescriptions covered in the cost of the program?

The program does not cover the expenses associated with prescriptions. However, if you have health insurance, many carriers offer benefit plans that can help offset the costs of medications.

3. Will my insurance cover the cost of the program?

Please contact your insurance company directly regarding eligibility.

4. Why are quarterly follow-ups required?

Quarterly follow-ups are a key part of your ReGenesis Longevity journey. They allow our clinical team to track your progress, evaluate test results, and fine-tune your personalized care plan as your body responds to treatment and lifestyle changes.

Longevity is dynamic — biomarkers, hormone levels, and lifestyle metrics evolve over time. These visits ensure your program stays precisely aligned with your current physiology and goals, maintaining optimal outcomes in areas such as energy, metabolism, sleep, and cognitive performance.

Follow-ups also provide an opportunity to review new diagnostic data, discuss emerging therapies, and keep you motivated and accountable to your longevity goals.

5. Why is this an annual program?

Our Longevity Program is structured as an annual cycle because your body—and your biology—are constantly changing. The science of longevity medicine is built on data, measurement, and adaptation, which require time and continuity to be effective.

By repeating this process annually, we can:

- Track your progress and measure how interventions are improving biological and metabolic health.
- Adapt your program based on new results, innovations in longevity science, and changes in your personal health goals.
- Maintain accountability and momentum, ensuring long-term consistency in testing, follow-up, and outcomes.
- Preserve program integrity, as costs cover new testing kits, physician reviews, data analysis, and individualized clinical time for a full year.



LONGEVITY PROGRAM POLICIES AND PROCEDURES

1. Membership Requirements

- The ReGenesis Longevity program operates on an annual membership basis.
- A valid credit card must be kept on file for payment processing.
- Membership payments are divided into equal monthly installments.
- Payments will be automatically deducted from the card on file on the 15th of each month.
- All members must have access to a primary care provider.

2. Payment Policy

- Members are responsible for ensuring that their credit card information is up to date and has sufficient funds available for monthly payments.
- If a payment is declined, fails, or is returned due to Non-Sufficient Funds (NSF), an administrative fee of \$50 will be charged.
- In the event of two consecutive missed payments, ReGenesis reserves the right to withdraw the
 member from the program. This may result in disruption or cessation of services until outstanding
 payments are resolved.

3. Service Disruption

- Members with outstanding payments or unpaid fees may experience a delay or disruption in their therapy services, including the discontinuation of medication shipments or appointment scheduling.
- ReGenesis will make reasonable efforts to contact members with overdue accounts to arrange payment. However, it is ultimately the member's responsibility to maintain their account in good standing.

4. Best Practice Guidelines Compliance

- Members are expected to comply with their personalized longevity care plan, including:
 - o Completing scheduled diagnostics (e.g., bloodwork, epigenetic testing, imaging).
 - Attending review consultations and follow-up appointments.
 - Implementing recommended lifestyle, nutritional, or therapeutic interventions.
- Failure to comply with these guidelines may affect the efficacy of the therapy and could result in temporary or permanent suspension or modification of the treatment plan.

5. Program Cancellation and Refunds

- Members may cancel their membership at any time by providing written notice to ReGenesis. However, any fees already paid are non-refundable.
- ReGenesis reserves the right to modify or terminate the membership of any member who fails to adhere to the program policies or who engages in conduct detrimental to the program's operation.

6. Privacy and Confidentiality

- ReGenesis is committed to protecting the privacy and confidentiality of its members' personal and medical information. All data will be handled in accordance with applicable privacy laws and regulations.
- Members are required to provide accurate information for their treatment and to promptly inform ReGenesis of any changes in their medical condition or contact information.

7. Dispute Resolution

- In the event of any disputes regarding membership, payments, or services, members agree to seek resolution through direct communication with ReGenesis before pursuing any formal legal action.
- If a resolution cannot be reached, disputes will be handled in accordance with applicable laws and regulations.











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